



JOSEPH'S JOURNEY

Committed to Caring

JOSEPH'S HOME REMAINS OPEN FOR OUR COMMUNITY'S MOST VULNERABLE

Joseph's Home remains open and committed to caring for our community's most vulnerable citizens during this unsettling time. As a provider of recuperative care and temporary shelter for medically-fragile men experiencing homelessness, Joseph's Home is exempt from the governor's "stay at home" order. We continue to accept referrals, following procedures that include screening for symptoms such as fever, cough or difficulty breathing.



COVID-19 and Infectious Disease Prevention class hosted by Joseph's Home Board Member Debbie Rovito.

To safeguard our residents and staff from COVID-19, we have implemented numerous precautions to minimize and mitigate the risk of spreading the virus, informed by guidance from the CDC, HUD and the State of Ohio:

- We have temporarily suspended volunteer activities and visitors to the building.
- Residents may only exit the building for essential trips, such as critical medical or housing appointments.
- All residents and staff are screened for symptoms on a daily basis.
- We have temporarily suspended group gatherings and meetings.
- We are practicing physical distancing, cleaning and disinfecting all surfaces, and mandating frequent hand-washing and sanitizing.
- We have personal protective equipment (PPE) on hand, in case of illness.
- Staff who feel ill will be asked to stay home and contact their physician. We are offering flexible hours, PTO and work-from-home options, as feasible.

Ongoing Support

The need for medical respite is not diminished during this time; in fact, as hospitals face greater demand for beds, medical respite may be a logical choice for discharging those no longer requiring hospital care. Our alumni will also need additional support as they face increased risk and insecurity. We remain at the ready, along with many other amazing organizations

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Perseverance in Times of Change

A MESSAGE FROM THE EXECUTIVE DIRECTOR



As the newest member of the Joseph's Home team, I am perhaps more aware or sensitive as to what an incredible feat it was for the Sisters of Charity of St. Augustine (CSA) to establish Joseph's Home. Identifying the property, recruiting staff, educating the community, building consensus, raising the funds... the list seems never-ending. And, yet, here we are 20 years later. It is a true testament to how determined and unflappable the CSAs are.

I write this in March, as we enter our first full week under significant restrictions to our personal mobility and interaction due to the COVID-19 Pandemic. We have made significant changes to our program that allow us to continue serving those in need, but present some challenges. We have made difficult decisions to safeguard our residents and staff: suspending volunteer programs and activities, limiting our residents' ability to leave the facility, and practicing social distancing. In this newsletter, you will read about our outstanding partnership with Tri-C and our dedicated staff who continue working to give our residents and alumni the help they need to stabilize. Simply put, in these challenging times, we keep going.

During this same month, many people around the world celebrate St. Patrick and St. Joseph, both men who endured challenges beyond their control but who chose to respond with doggedness, commitment to others, and love. It is not hard to connect the journeys of St. Patrick and St. Joseph to the journey of the CSAs and all of the ministries they created here in Cleveland and in other communities. Severe community needs responded to, without despair or frustration, but with perseverance and love. It is also not hard to be inspired by the examples of St. Patrick, St. Joseph and the CSAs, and try to apply the lessons they teach to our current circumstances.

So, how do we apply these lessons if we are unable to go about our normal routine? I can tell you what means a lot to housing, health and social service workers and the people we serve—steadfast support. For example, I received a text from a friend this morning who just happened to think of me. Our residents and alumni have received cards and letters of support and encouragement. Phone calls, texts, letters—these things may seem small, but when your human contact has been reduced to a handful of people in a single building, these small acts of kindness and compassion are significant; they encourage us to keep going, to press on.

Your continued support is how we face this crisis head-on, helping those without homes stay safe, recover and move forward with their lives. It is how we continue to reduce the length of time it takes to help people move into a home of their own, so that we can serve the next person in need of healing and help. It is how we increase our capacity to serve more people through better use of health care resources, rather than allowing people to suffer and cycle between emergency rooms and the streets. In this time of deep challenge—especially for those who are the most vulnerable among us—your support, your advocacy, your acts of kindness are what allows all of us at Joseph's Home to see past the challenges of today and push toward a tomorrow that is healthier, brighter and better for all.

Your partner in service,

BETH GRAHAM, Executive Director

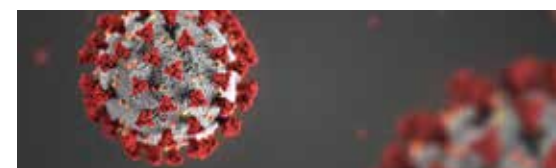
COMMITTED TO CARING *Continued from page 1*

that continue to operate in the face of real challenges, to stand with those in need and serve our community.

We understand that these are uncertain and concerning times for you. Please know that we see you as part of our team—we are in this together. Now more than ever, we

need your continued prayers and support to keep residents healthy and alumni stable. We humbly ask you to give what you can during this difficult time to help. Any amount you can give will ensure that Joseph's Home continues to provide the vital services our men need to stabilize

their health and attain permanent housing. ♦



CUYAHOGA COMMUNITY COLLEGE PARTNERSHIP EXTENDED THROUGH 2025

Student Occupational Therapists Help Residents Reconnect and Reintegrate

In order to reach housing and health stability, some residents and alumni need to strengthen their physical, sensory or cognitive skills and may need to re-learn certain daily living tasks. This can be due to disabling conditions that may have continued undiagnosed or untreated for long periods of time while living on the streets.

To address these growing needs, Joseph's Home established a partnership with Cuyahoga Community College's (Tri-C) Occupational Therapy Assistant Technology Program in 2015. Through this partnership, Tri-C provides two Occupational Therapy Assistant Technology students each semester to work with residents in group settings, addressing specific needs of some individuals. For residents and alumni, occupational therapy provides a holistic approach to learn strategies, techniques and resources that empower them to perform meaningful daily activities and build toward their long-term life goals. Specific services include: assessing residents' strengths and needs; assisting with art therapy and music therapy; and teaching basic skills such as housekeeping, conversation, games and activities.

Developing Social and Life Skills

Joseph's Home alumnus, Walter, was very appreciative of these services. The occupational therapy students helped him during his time at Joseph's Home with things like programming a device, playing a game of cards and helping him with details when he was working on his art therapy project. These types of services are important because residents often come to Joseph's Home feeling very guarded and hesitant to open up to others. The students coming to spend time with them helps each resident feel included and important. Being able to open up to the students about their strengths and weaknesses gives residents the chance to learn how to reconnect and reintegrate into the community. Through this program, several residents are better able to communicate with each other and have developed social and life skills to help them continue to grow and be successful outside of Joseph's Home.



Tri-C Occupational Therapy students work directly with Joseph's Home alumnus Willie by playing a game of Scrabble.

In March, Joseph's Home and Tri-C's Occupational Therapy Assistant Technology Program extended the partnership for another five years. Tri-C is a leader in providing real-world educational opportunities for its students and in providing needed services to the community. The students come to Joseph's Home with faculty support and a readiness to accept the challenges at hand. Since there is typically an age difference between residents and students, they build unique and valuable intergenerational connections.

"Tri-C is a great neighbor and terrific partner in service," said Beth Graham, executive director of Joseph's Home. "Partnerships like these allow Joseph's Home to provide cost-effective, person-centered care for a population with severe needs that are constantly changing and becoming more complex."

We would like to extend a special thanks to all of our community partners, but especially Tri-C for committing to provide life-changing services to Joseph's Home residents for years to come. ♦

"Not all therapy comes in the form of a prescription. Many of our residents, some of whom did not feel like they needed 'therapy,' actively engaged in conversation and activities with the students. It truly had a therapeutic effect." — CARRIE HETSLER, Health Care Navigator

THANK YOU GENEROUS SUPPORTERS

2019 DONOR HONOR ROLL



Hundreds of caring neighbors in and beyond Northeast Ohio gave generously to make healing possible for the men of Joseph's Home in 2019.

The annual Joseph's Home Donor Honor Roll is one way we say "thank you." All supporters who made at least one financial contribution are listed, unless they requested to remain anonymous. Know that the residents, alumni, board and staff of Joseph's Home are deeply grateful for each and every gift and for your partnership with us. Please continue to keep Joseph's Home in your thoughts, prayers and charitable giving plans. Thank you!

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DONOR SPOTLIGHT: Margaret Ann Jablonski

**LEAVING A MEANINGFUL LEGACY TO SUPPORT THE LASTING WORK
OF THE SISTERS OF CHARITY OF ST. AUGUSTINE**

In All Things Charity. Since her days as a student nurse and practicing nurse at St. John Hospital, Margaret Ann Jablonski has been inspired by this founding principle of the Sisters of Charity of St. Augustine (CSA) and their dedication to addressing the needs of the community. Their many works and ministries have instilled in her a commitment to nursing, her Catholic faith and the needs of others.

Margaret Ann's generous gift designation to Joseph's Home and the Sister Joan Gallagher Endowment Fund through her annuity was a work of charity long in the making. Having known the Sisters of Charity of St. Augustine for more than 50 years, Margaret Ann became a CSA Associate in 2005 and has been enriched by living out "In All Things Charity" in her daily life. That led her to being moved to designate a gift to the Sister Joan Gallagher Endowment Fund because it will assist in continuing to fill a critical need in the community and honors the work of the CSAs.

"I realized that the endowment fund was not only honoring Sr. Joan, but also honors all the CSA sisters and those who have worked in their ministries over the years. I felt called by the Holy Spirit to support this Endowment."

— MARGARET ANN

You can ensure the legacy of compassionate, faith-based care continues for generations to come by including Joseph's Home in your charitable giving plans, as Margaret Ann has.

By designating Joseph's Home as a beneficiary of your estate, trust, individual retirement accounts, life insurance or other financial accounts, you will leave a legacy of care that will have a profound impact for years to come and will honor the everlasting kindness of the Sisters of Charity of St. Augustine. Some charitable giving options might also offer a number of tax benefits, as well. We encourage you to consult with an estate planning professional or financial advisor to evaluate tax and financial planning strategies.

The proper beneficiary designation is:

Joseph's Home
2412 Community College Avenue,
Cleveland, OH 44115

Tax ID Number:
34-1901676

It is important that you inform us if you have already included Joseph's Home in your charitable giving plans so we can work with you to designate your gift where it is most meaningful, express our eternal gratitude and plan for the future of Joseph's Home. If you have any questions or have already included Joseph's Home in your charitable giving plans, please contact Development Director Madeline Wallace at 216.987.9201 for more information. **THANK YOU!**



YOU ARE THE KEY! PLEASE MAKE YOUR GIFT TO THE 2020 JOSEPH'S HOME ANNUAL FUND TODAY.

Your gift of any amount will help a medically-fragile man experiencing homelessness stabilize his health and rebuild his life. He won't know your name, but you'll have a special place in his heart. Send your check or money order payable to Joseph's Home using the enclosed envelope. Give online at josephshome.com. Or call 216.987.9201.

FIND US ONLINE: visit josephshome.com to get news and updates, connect with Joseph's Home on Facebook and Instagram, subscribe to our e-newsletter, make secure online donations, learn about additional volunteer opportunities and more.

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 Sondra M. and Eugene G. Yurick ***
 Martha and Adam Zachlin
 Rob and Lisa Zimmerman

Every effort has been made to ensure the accuracy of this list. If your name has been misspelled, listed incorrectly or omitted, we sincerely apologize and ask you to please contact Development Director Madeline Wallace at 216.987.9201 so that we may correct our records.



Desmond and his son, Prescott, prepare a home-cooked meal for Joseph's Home residents.

2019 Joseph's Home Angels

Financial supporters weren't the only ones who touched the lives of Joseph's Home residents and alumni in 2019. We want to also thank and recognize these partners for their contributions of goods and services, and/or hours and energy spent volunteering, collaborating or advocating on behalf of Joseph's Home and our residents.

Diane Akers
 Akron RubberDucks
 Aladdin's Eatery
 All Around Children Woodland
 Alpha Kappa Alpha Sorority,
 Alpha Omega Chapter
 The Altruism Society
 The Honorable Dick Ambrose and Mary
 Beth Ambrose
 Baena Family**
 Banyan Tree
 Lauren Barth
 Gabby Besser
 Abhishek Bharadwaj
 Calvary Hill Church of God in Christ**
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 Church of God & Saints of Christ
 The Church of St. Clarence**
 Church of the Saviour**
 Circuit30 Fitness
 CISV Northeast Ohio**
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 Cleveland Browns
 Cleveland Cavaliers
 Cleveland Cinemas
 Cleveland Improv Comedy Club
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 Cleveland Indians
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 Memphis Entertainment Group
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 Monastery Greetings
 Sylvia Moore and Dan King
 Lillian and Martin Morisky
 Mount Zion Congregational Church
 Sister Mary Ann Mozser, CPPS
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 Our Lady of Angels Catholic Church**
 Mark Pennington
 Sharon Perko
 Ralph A. and Mildred G. Pesta
 Petitti Garden Centers
 Phoenix Coffee
 Joe Progar
 Donna Quayle
 Mary Roth
 Saint Clarence Parish
 Sharon C. and Matthew Schneider



Members of the Gallagher family, and generous Joseph's Home supporters, delivered Christmas gifts to Joseph's Home residents and alumni during the holiday season.

Yvonne Schulte
 Cynthia Seaman
 Anthony J. Searcy
 Robert and Christine Sidoti
 Michael L. and Maria Spangler
 St. Adalbert Parish
 St. Angela Merici Parish
 St. Augustine Roman Catholic Church**
 St. Bartholomew Parish**
 St. Collette Parish
 St. Dominic Parish
 St. John Neumann Church**
 St. John Vianney Parish
 St. Vincent de Paul Society
 at St. Basil the Great
 Stan Hywet Hall and Gardens
 Stancato's Italian Restaurant
 Ken and Kathleen Stefanov
 Heather A. Stoll and Tibor Regele
 Richard G. and Mary Ann Stuhan
 Elizabeth P. Taylor
 George J. Taylor, Jr and Loretta A. Taylor
 Ann Timony
 Kenneth Tomecki, MD and Eileen Tomecki
 Tour of Good Cheer**
 Trader Joe's
 Frances Tyus
 Mary VandeVelde
 David and Cecelia VanHorn
 Kay M. Vine
 We Care We Share Ministries
 Westwood Dry Cleaners
 Where I'm From
 Mary Jane Winslow
 Amber Woodworth
 Kemmitt Woolfolk
 Wyatt's Greenhouse & Garden
 Yard House
 Zeta Tau Alpha Cleveland West Alumnae
 Rob and Lisa Zimmerman

** Gave to Joseph's Home during the 2019 Holiday Season



Before and after photos of the newly renovated health care clinic at Joseph's Home.

2020: Aging and Homelessness

POSITIONING JH TO BETTER SERVE THE GROWING MEDICAL NEEDS OF RESIDENTS AND ALUMNI

Across the country, researchers are learning that the population of people experiencing homelessness is aging, much like the population as a whole. However, there are some key distinctions. Issues of aging present much earlier in people experiencing homelessness, and the stress of homelessness and poverty takes a heavy toll on health outcomes. Therefore, we are seeing men enter Joseph's Home at older ages, often with co-morbidities and even frailty. We understand that as we venture into the next 20 years of our ministry, we must respond to evolving community needs, such as aging. With this in mind, we have made some changes to our program that will position us to meet the needs of residents and alumni to come.

A Renovated Health Care Clinic

In 2019, we were fortunate to receive funding from a number of generous donors to enable the renovation of the Joseph's Home Health Care Clinic. The clinic is open five times each day for medication dispensing, three times per week for nursing care and vital checks by Care Alliance nursing staff, and on an as-needed basis (i.e., if a resident needs bandages, to weigh themselves, etc.). With the expansion, the clinic serves as a hub for referral sources and community partners to deliver services to the residents, such as VA screenings, in a more comfortable and private setting. The clinic is a place where residents are free to ask questions, knowing that they're going to get the answers they need at a pace they understand.

In addition, we have focused on training and hiring staff to better equip us to address the growing needs of residents and alumni as they learn about their medical conditions, build connections with caretakers, and prepare to perform self-care once they have secured permanent housing.



Respite Care Manager Raven Kauffman (left) and Health Care Navigator Carrie Hetsler (right)

Teaching Self-Managed Care

In January, Respite Care Manager Raven Kauffman began a course to become a Community Health Worker, which is designed to increase her knowledge and skills as they relate to health care, communication skills, advocacy, health education, and social services to the populations Joseph's Home serves. This co-curricular 16-week program, taught by health care professionals, teaches students to become a trusted liaison between health and social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.

Through the program, Raven became certified to teach Chronic Disease Self-Management to members of the community who struggle with caring for themselves and their own chronic illnesses. Raven will be implementing this practice at Joseph's Home to better serve our men by disrupting the cycle of homelessness through outreach, community education, informal counseling, social support and advocacy.

Joseph's Home also welcomed a new health care navigator, Carrie Hetsler, to the staff. Carrie has a bachelor's degree in psychology from Mt. Vernon Nazarene University and has worked in the field of corrections since 1997. "I am thrilled to be part of this ministry and hope to be a giant asset in the role of the health care navigator," said Carrie. In her role, Carrie is responsible for:

- Helping the residents link with and engage in medical treatment, including maintaining medication compliance;
- Developing education curricula related to medical processes, the whys and hows of illnesses and, most importantly, of improving and gaining their health; and
- Networking with outside partners to ensure residents stay engaged with their service providers long after they leave Joseph's Home.

2019 BY THE NUMBERS

Impact and Resident Demographics

The men we served were most often older adults, with a physical and/or mental health disability and at least one chronic health condition.

- 61 men served in residence and in the community
- 3.8 months, average length of stay
- 63% are over the age of 55
- 88% are African-American
- 20% are veterans
- 73% have a physical or mental health disability
- 82% have a chronic health condition

Housing, Health & Well-being Outcomes

Housing stability is measured by the percentage of people that exit to permanent housing and remain housed for at least six months. Medical stability is measured by improvements in managing medicines, reducing ER visits and understanding their conditions.

- 60% of residents achieved housing stability by entering permanent rental housing, supportive housing, assisted living, or living with friends/family
- 81% of residents were medically stable when exiting Joseph's Home
- 89% of residents demonstrated improvement in medication management
- 89% of residents demonstrated improvement in knowledge of medical condition
- 43% of residents increased their incomes or obtained new/increased benefits

Perseverance in Hope: The 2020 Joseph's Home Benefit Luncheon

Perseverance in Hope: The Annual Joseph's Home Benefit Luncheon is typically held in June. However, due to concerns related to the coronavirus, Perseverance in Hope will be postponed to October 2020. Be on the lookout for updates coming soon. The luncheon will celebrate the remarkable medically-fragile homeless individuals in Northeast Ohio regaining their health and housing stability at Joseph's Home.

With the help of many supporters last year, we raised more than \$52,000 to benefit Joseph's Home! Please join us as we aim to raise \$60,000 in 2020.

Every dollar raised will help end the cycle of streets, hospitalization and shelter for medically-fragile adults without housing. This happens by treating their acute conditions, connecting them to appropriate ongoing health care and working with housing partners to obtain a stable, permanent home with ongoing support to maintain medical and housing stability.

Sponsorships and tickets are now available.

Visit josephshome.com/events/luncheon for more information or to reserve your place today. Contact Development Director Madeline Wallace at 216.987.9201 or mwallace@josephshome.com if you or your company would like to receive sponsorship information.

PERSEVERANCE
IN HOPE



Welcome Newest Board Member Teresa Santin

It is with great pleasure that we introduce our newest member of the Joseph's Home Board of Directors, Teresa Santin, Esq. Teresa is Partner at Brouse McDowell LPA and focuses her practice primarily on business litigation. She represents developers, landlords, condominium associations, trusts, cities, banks, large and small businesses, and individuals in disputes involving breach of contract, fraud, misrepresentation, tortious interference, breach of fiduciary duty, and other business issues. Teresa lives in Shaker Heights with her husband, daughter, son, and two bulldogs.

Teresa and her family are members of St. Dominic Parish in Shaker Heights. Welcome and thank you for your service to Joseph's Home, Teresa!



JOSEPH'S HOME

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IT IS OUR MISSION ::

Joseph's Home, a ministry of the Sisters of Charity Health System, provides a nurturing, caring environment for men without resources who have acute medical needs, helping them heal and achieve independence.



JOSEPH'S HOME

A Ministry of the Sisters of Charity Health System

Joseph's Home is a proud partner of:

